



Component Specification

Instructing Manual Handling

Level 6

6N0233

1. Introduction

The Further Education and Training Awards Council is the single national awarding body in further education and training in Ireland. It is responsible for determining the standards for named awards at levels 1 to 6 on the National Framework of Qualifications. All named awards are devised in line with the National Qualifications Authority of Ireland's determinations and guidelines.

2. The National Framework of Qualifications

The National Framework of Qualifications comprises 10 levels ranging from initial learning (level 1) to the most advanced levels of learning (level 10).

At each level there are one or more award types. An award type is a grouping of awards that share similar features. The National Qualifications Authority of Ireland has determined Award Type Descriptors for each award type. See www.nqai.ie. The Award Type Descriptor identifies the key strands and sub-strands of knowledge, skill and competence for that award type.

3. Guide to Level

Learning outcomes at this level include a comprehensive range of skills which may be vocationally-specific and/or of a general supervisory nature, and require detailed theoretical understanding. The outcomes also provide for a particular focus on learning skills. The outcomes relate to working in a generally autonomous way to assume design and/or management and/or administrative responsibilities. Occupations at this level would include higher craft, junior technician and supervisor.

Strand	Sub-strand	Nature of learning
Knowledge	Breadth	Specialised knowledge of a broad area
	Kind	Some theoretical concepts and abstract thinking, with significant depth in some areas
Know How & Skill	Range	Demonstrate a comprehensive range of specialised skills and tools
	Selectivity	Formulate responses to well defined abstract problems
Competence	Context	Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts
	Role	Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form and function within, multiple and complex heterogeneous groups.
	Learning to Learn	Learn to take responsibility for own learning within a managed environment.
	Insight	Express an internalised, personal world view, reflecting engagement with others.

Extract from 'Determinations for the Outline National Framework of Qualifications': NQAI (www.nqai.ie)

4. Award Specifications

FETAC determines the standards for all awards in partnership with relevant stakeholders. This award was developed in line with the Council policy on Standards Development published in September 2005.

Standards are published in the form of Award Specifications. A Specification is devised in respect of each named award. Each Specification provides a comprehensive description of the features, characteristics and standards of the award.

A **Certificate Specification** is published for each named **major award**.

A **Component Specification** is published for each named **minor award**. Please note that each component (i.e. minor award) is associated with one or more Certificates (i.e. major, special purpose or supplemental award). See www.fetac.ie.

A **Specific Purpose Specification** is published for each **special purpose award**.

A **Supplemental Specification** is published for each **supplemental award**.

Standards are expressed in terms of **learning outcomes** i.e. concise statements of what the learner is expected to know or be able to do in order to achieve that award.

Learning outcomes for all awards (i.e. major, special purpose, supplemental awards) are contained within the associated Component Specifications.

5. Component Details

Title	Instructing Manual Handling
Teideal as Gaeilge	Oiliúint ar Láimhsiú Sábháilte
Award Type	Minor
Code	6N0233
Level	6
Credit Value	10
Purpose	The purpose of this award is to equip the learner with the knowledge, skill and competence to effectively design and deliver manual handling instruction in the workplace.

Units The Learning Outcomes are grouped into the following units:

- 1 Legislative Requirements and Health Benefit
- 2 Anatomy and Back Care
- 3 Ergonomic Principles and Risk Assessment
- 4 Manual Handling Principles and Techniques
- 5 Planning and Design of Manual Handling Training Programmes
- 6 Delivery of Manual Handling Training

Learning Outcomes	Learners will be able to:
1	Legislative Requirements and Health Benefit
1.1	Explain the main components of relevant health and safety legislation and guidance documents to include the current manual handling of loads regulations, principles of prevention as outlined in the current Safety Health and Welfare at Work Act and relevant guidance from government and professional bodies
1.2	Evaluate the health and organisational benefits of an integrated approach to the management of manual handling to include development of a manual handling policy, staff consultation, risk assessment, implementation of appropriate controls and relevant training

- 2 Anatomy and Back Care
 - 2.1 Define the main components of the spinal column to include discs, ligaments, bones joints, nerves and muscles
 - 2.2 Explain the main risk factors for back injuries related to manual handling to include how these injuries commonly occur
 - 2.3 Describe current concepts of back care to include good back posture at home and work, awareness of the importance of being fit and flexible, working within their capabilities and taking personal responsibility for good back care
- 3 Ergonomic Principles and Risk Assessment
 - 3.1 Describe the concepts of ergonomics to include a description of key ergonomic principles for workplace design and unfavourable ergonomic condition as detailed in the schedule to the current manual handling of loads regulation
 - 3.2 Explain the manual handling risk assessment process through the use of manual handling case studies or scenarios
 - 3.3 Describe a range of controls to avoid and reduce the risk of injuries to include a critical analysis of a range of manual handling equipment
- 4 Manual Handling Principles and Techniques
 - 4.1 Apply the main principles of manual handling to a range of manual handling tasks with particular emphasis on the need to carry out a personal or dynamic risk assessment to determine if the load can be handled safely
 - 4.2 Carry out a range of appropriate manual handling techniques to include lifting, carrying, pushing, pulling, supporting or putting down of a load by one or more persons
 - 4.3 Analyse the learners performance of manual handling techniques
- 5 Planning and Design of Manual Handling Training Programmes
 - 5.1 Develop manual handling training programmes to include lesson plans with clear objectives, appropriate material and aids to support learning and strategies to motivate changes in manual handling practice
 - 5.2 Identify the necessary organisational resources needed to plan and support the delivery of effective manual handling training programmes
- 6 Delivery of Manual Handling Training
 - 6.1 Deliver effective manual handling training programmes using a range of tools and techniques including managing group dynamics
 - 6.2 Demonstrate understanding of adult learning principles and the need for effective communication skills
 - 6.3 Give effective instruction in practical manual handling techniques

Assessment

General Information

Details of FETAC's assessment requirements are set out in [Assessment Guidelines for Providers](#).

All FETAC assessment is criterion referenced. Successful achievement of the award is based on learners attaining the required standards of knowledge, skill or competence.

The techniques set out below are considered the optimum approach to assessment for this component. In exceptional circumstances providers may identify alternative assessment techniques through the provider's application for programme validation which are **reliable** and **valid** but which are more appropriate to their context.

Assessment of a number of components may be integrated across programmes for delivery, provided that the learning outcomes of each minor award are assessed.

Group or team work may form part of the assessment, provided each learner's achievement is separately assessed.

All providers are required to submit an assessment plan as part of their application for programme validation. Assessment Plans will include information relating to scheduling and integration of assessment. [See FETAC's Provider Guidelines for Programme Validation](#).

Assessment Techniques

In order to demonstrate that they have reached the standards of knowledge, skill and competence identified in all the learning outcomes, learners are required to complete the assessment(s) below.

The assessor is responsible for devising assessment instruments (e.g. project and assignment briefs, examination papers), assessment criteria and mark sheets, consistent with the techniques identified below and FETAC's assessment requirements.

Programme validation will require providers to map each learning outcome to its associated assessment technique. [See FETAC's Provider Guidelines for Programme Validation](#).

All learning outcomes **must** be assessed.

Assignment 20%

Skills Demonstration 60%

Examination - Theory 20%

Description

Assignment

An assignment is an exercise carried out in response to a brief with specific guidelines as to what should be included. An assignment is usually of short duration and may be carried out over a specified period of time.

This assessment must be passed in order to achieve the award.

The assignment will cover the learning outcomes in Unit 3.

The assessor will devise an assignment that will cover a case study, manual handling risk assessment or lesson plan development. The brief will require the candidate to research and present information in relation to the selected assignment.

Overall Marks: 20

Skills Demonstration

A skills demonstration is used to assess a wide range of practical based learning outcomes including practical skills and knowledge. A skills demonstration will require the learner to complete a task or series of tasks that demonstrate a range of skills.

This assessment must be passed in order to achieve the award.

The assessor will devise a skills demonstration based on learning outcomes in Units 4, 5 and 6.

Skills assessment should test the candidates ability to carry out a range of manual handling skills and to effectively present information to a group of learners. Candidates will be assessed, through observation, carrying out a broad range of skills as outlined in the learning outcomes.

List of skills

- 1 Carry out a range of manual handling techniques and apply these to a range of manual handling tasks (30 marks)
- 2 Analyse a learner's performance of manual handling techniques (10 marks)
- 3 Give effective instruction in practical manual handling techniques (10 marks)
- 4 Deliver effective presentations (10 marks)

Overall Marks: 60

Examination - Theory

An examination provides a means of assessing a learner's ability to recall and apply knowledge, skills and understanding within a set period of time and under clearly specified conditions.

A theory-based examination assesses the ability to recall, apply and understand specific theory and knowledge.

This assessment must be passed in order to achieve the award.

The assessor will devise a theory based examination based on learning outcomes in Units 1, 2 and 3. The examination will consist of 20 short-answer questions. The learner must achieve at least 16 correct answers to pass the assessment.

Weighting Factor: 1 mark per question

Overall Marks: 20

Recognition of Prior Learners may be assessed on the basis of their prior knowledge and

Learning (RPL)	experience. Providers must be specifically quality assured to assess learners by this means. To do so they must complete B10, see Provider's Quality Assurance Guidelines and be included on the Register of RPL approved providers. See RPL Guidelines at www.fetac.ie for further information and registration details.	
Grading	Pass	50% - 64%
	Merit	65% - 79%
	Distinction	80% - 100%
Specific Validation Requirements	There are no specific validation requirements for this award	
Supporting Documentation	<ol style="list-style-type: none"> 1 Current manual handling of loads regulation and guidance 2 Current Safety, Health and Welfare at Work Act and guidance 	
Access	To access programmes leading to this award the learner should have reached the standards of knowledge, skill and competence associated with the preceding level of the National Framework of Qualifications. This may have been achieved through a formal qualification or through relevant life and work experience.	
Transfer	Successful completion of the component this award enables the learner to transfer to programmes leading to other certificates where this component is a mandatory or an elective requirement.	