

Occupational First Aid

FETAC Level 5 – D20188

This is a comprehensive 3 day FETAC level 5 certification course which covers all the essential aspects of the Occupational First Aid requirements as outlined in module D20188 and was introduced on 1 September 2008.

The Occupational First Aid course now includes Cardiac First Responder training in automated external defibrillators (AEDs) and administering aspirin for heart attack patients.

The Occupational First Aid Regulations Safety, Health and Welfare at Work General Applications Regulations S.I. No. 299 of 2007.



Under the Safety, Health and Welfare at Work (General Application) Regulations 2007, there is a requirement on employers based on a risk assessment to have a sufficient number of Occupational First Aiders trained and deployed in the workplace.

Who Should Attend:	Anyone who wants to qualify as an Occupational First Aider FETAC Level 5
Prerequisites:	None
Manual:	First Aid, CPR, and AED (Irish Edition)
Duration:	3 days
Certificate:	A4 size certificate issued to each participant FETAC Level 5 certificate to each participant
Certificate Valid For:	2 years
Accreditation:	Recognised Training Health & Safety Authority Further Education and Training Awards Council Pre Hospital Emergency Care Council
Public Course Cost:	300 euro per person
Discounts for In-Company & Group Courses:	From 120 euro per person plus 20 euro per person FETAC certification Contact us for a quote for both in-house and on-site training

Course Programme

- **Unit 1: First Aid in the workplace** – This Module covers the role of the occupational first aider, the legal requirements and how to effectively ensure the safety of the first aider in the work place
- **Unit 2: Patient Assessment** – After this module, the candidate will be able to do a primary survey on a potential casualty. They will know how to take vitals (pulse, breathing, etc) signs and treat a casualty with a suspected neck injury.
- **Unit 3: Respiratory Emergencies** – This module covers the functions of the respiratory system and shows the occupational First Aider how to manage a choking patient as well how to do mouth to mouth ventilations.
- **Unit 4: Cardiac first response** – After this module the student will understand the chain of survival and will be able to activate their links, by calling for an ambulance, starting CPR and using a Defibrillator effectively.
- **Unit 5: Wounds and Bleeding** – This module teaches the student how to deal with blood injuries. They will know how to recognise the different types of wounds and know how to treat them. They will be able to deal with head, eye and facial injuries as well as effectively minimizing the consequences of internal bleeding.
- **Unit 6: Altered levels of consciousness** – The student learns how to treat shock and how to do the recovery position. This will allow them to treat a casualty who has reduced or lost consciousness.
- **Unit 7: Musculoskeletal injuries** – At the end, the student will be able to treat patients who have fractured (broken) bones as well as deal effectively with casualties who have sprains, strains and dislocations.
- **Unit 8: Burns and scalds, chemicals, electric shock** – this module covers the treatment of major and minor burns as well as the many different causes of burns. It also covers poisoning and how to treat someone who has been poisoned. The student will cover electrical shock and how to manage a patient who has been electrocuted.

Equality, Access, Transfer and Progression

Place on the course are provided on a first come basis. If a course is full additional courses may be scheduled if there is adequate demand. Safety Ireland will at all times ensure equality in our service provision. We therefore ask any learner that has specific learning requirements to contact our office on callsave 1850 555 999 or at the time of booking the training and we will ensure that all possible measure are taken to meet requirements. English is the language that the training is provided in and participants must have a good understanding of the English language, in the case where this is not so participants are permitted to bring an interpreter they may do so but prior notice must be given to Safety Ireland. This course is a modular course and each module has a specific timetable. Participants are not encouraged to attend later modules or exam days on alternative course, but we will try to accommodate participants that cannot complete the course due to circumstances beyond their control on an alternative/ later course. Successful candidates can progress to an Occupational First Aid Instructor level 6 certificate as this is the minimum standard for entry to this course.